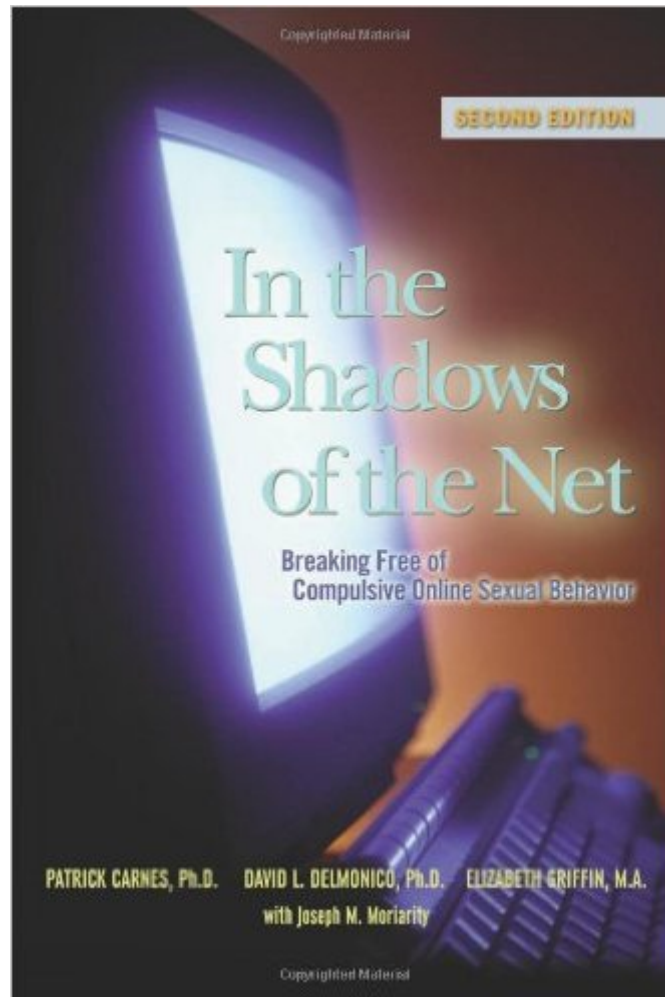


The book was found

In The Shadows Of The Net: Breaking Free Of Compulsive Online Sexual Behavior



Synopsis

As the Internet becomes a more powerful, imposing force in our lives, indeed becoming difficult to avoid, the potential for related problems also increases. This includes troubles of a sexual nature. When accessing porn no longer requires even a trip to the store, when we can view and participate in sexual activities anonymously, when younger and younger children are being exposed to sex online, when virtual interactions take over, limiting and even destroying real-time relationships, we are in crisis. Compulsive online sexual behavior is a real and growing problem. Yet the situation is not without hope. For those who are seeing signs of significant online problems in themselves or a loved one, this updated second edition of *In the Shadows of the Net* provides answers, understanding, and tools for recovery. With the latest statistics, discussion of recent technologies and devices, and new thinking on developing a healthy relationship with the Internet and avoiding relapse, this book offers authoritative, professional advice for achieving lasting, healthy change and healing.

Book Information

Paperback: 264 pages

Publisher: Hazelden; Second Edition edition (August 10, 2007)

Language: English

ISBN-10: 1592854788

ISBN-13: 978-1592854783

Product Dimensions: 0.5 x 6 x 9 inches

Shipping Weight: 15.2 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (63 customer reviews)

Best Sellers Rank: #125,584 in Books (See Top 100 in Books) #24 in [Books > Politics & Social Sciences > Social Sciences > Pornography](#) #52 in [Books > Health, Fitness & Dieting > Addiction & Recovery > Sexual](#) #131 in [Books > Health, Fitness & Dieting > Mental Health > Compulsive Behavior](#)

Customer Reviews

There is controversy over where the line is between erotica and pornography. The word "pornography" is derived from two Greek words meaning "prostitute" and "writing." "Erotica" is derived from the Greek word "eros," meaning romantic and sexual love. There are gray areas, but generally pornography is considered to involve behavior that is degrading to one or more of the participants, behavior that most people would not engage in unless they were paid, coerced, or

forced to do so. The difference between the person who occasionally enjoys erotica and the person who is addicted to pornography is like the difference between the moderate drinker and the alcoholic. Pornography addicts find themselves unable to moderate their use to the point where jobs and marriages are lost. While some sex therapists recommend the use of erotica to revive a couple's sex life, I have already encountered two people who got so addicted to pornography that they stopped having sex with their partners. In both cases the partners were reasonably attractive and receptive. Carnes explains that pornography addicts are trying to recapture the intoxication of young love. Just as the heroin addict develops a tolerance to the drug and keeps increasing the dosage chasing the euphoria of the initial experience, the pornography addict finds an escalating need of more and more time online to reach the same high. Carnes tells how to distinguish the recreational user of online porn from the compulsive user who finds it difficult, if not impossible, to control the use of the Internet for sexual activities. He estimates that there are about 20 million people in the latter category. I imagine that pornography has been around in some form since humans learned to draw pictures.

[Download to continue reading...](#)

In the Shadows of the Net: Breaking Free of Compulsive Online Sexual Behavior Obsessive Compulsive Disorder: Obsessive Compulsive Disorder OCD Guide To Overcoming Obsessive Compulsive Disorder And Obsessive Compulsive Disorder OCD ... Guide To OCD Treatment And Recovery) ASP.NET: Programming success in a day: Beginners guide to fast, easy and efficient learning of ASP.NET programming (ASP.NET, ASP.NET Programming, ASP.NET ... ADA, Web Programming, Programming) OCD: Take CONTROL of Obsessive-Compulsive Behavior for good!: A guide to how to free yourself from Obsessive Compulsive Disorder (OCD). (OCD, Obsessive ... Brain Lock, Delivered from Distraction) Wicca Book of Shadows: A Wiccan's Book of Shadows! Your Personal Spell Book (Wicca, Wiccan, Book of Shadows) Tor and The Dark Net: Remain Anonymous Online and Evade NSA Spying (Tor, Dark Net, Anonymous Online, NSA Spying) The Allergy Self-Help Cookbook: Over 350 Natural Foods Recipes, Free of All Common Food Allergens: wheat-free, milk-free, egg-free, corn-free, sugar-free, yeast-free Pro ASP.NET Web API Security: Securing ASP.NET Web API (Expert's Voice in .NET) Hope and Recovery: A Twelve Step Guide for Healing From Compulsive Sexual Behavior WHEAT BELLY DIET FOR BEGINNERS: Grain-Free, Wheat-Free, Gluten-Free Cookbooks and Recipes For Weight Loss Plans and Solutions Included! (Wheat Free Grain Free Gluten Free Weight Loss Diet Book 1) Easy Breadmaking for Special Diets : Wheat-Free, Milk- And Lactose-Free, Egg-Free, Gluten-Free, Yeast-Free, Sugar-Free, Low Fat, High To Low Fiber Yummy Yum for Everyone: A Childrens Allergy Cookbook (Completely

Dairy-Free, Egg-Free, Wheat-Free, Gluten-Free, Soy-Free, Peanut-Free, Nut-Free The OCD Workbook: Your Guide to Breaking Free from Obsessive-Compulsive Disorder Obsessive Compulsive Anonymous: Recovering From Obsessive Compulsive Disorder Living with Anxiety and an Obsessive Compulsive Partner (OCD, Mental Illness, Anxiety, Depression, ERP, Obsessive Compulsive Disorder) Brain Lock: Free Yourself from Obsessive-Compulsive Behavior Brain Lock, Twentieth Anniversary Edition: Free Yourself from Obsessive-Compulsive Behavior Gluten-Free, Wheat-Free, Dairy-Free, Sugar-Free, Caffeine-Free? Are you kidding me?: All natural and 99% organic recipes that are quick and easy to prepare. The Healthy Gluten-Free Life: 200 Delicious Gluten-Free, Dairy-Free, Soy-Free and Egg-Free Recipes! Gluten Free: Gluten Free Quick-start Guide To Living A Gluten-Free and Wheat-Free Diet (Over 100 Gluten-Free Recipes)

[Dmca](#)